




# Heartstring Quilters

## From the Editor

An amazing thing happened to me the other day. I was sitting on my back steps, waiting for a breeze (reluctant, apparently) to come along and let me know if the fabric pinwheel I had just made would work, when a hummingbird came up and hovered less than two feet away from me. I thought for a moment that it was an insect because of the hovering and the fact that its wings were invisible in motion! *I could* see that it had a spectacular light iridescent green body. It paused there for just a couple of seconds, in that quintessential upright posture, then flew over and hovered next to my hedge for another second, then floated near the corner of my garage for another couple of seconds. I felt a little enchanted and frozen at the same time. Then it was gone, past the neighbor's garage and the bamboo. This was the first time in my life I have seen a "real, truly live" hummingbird! And in person, it was more magical than any photograph or lovely piece of artwork of a hummingbird. Still, this solitary little visitor could be a great inspiration for a quilt or a collage!

Though this sighting was extremely brief, that just reminded me all the more that totally new, sparkly experiences can happen to us (that is, other than champagne), even in the unenchanted plodding of our adult lives. Such a delicate encounter, and cherishing it in your consciousness as much as you can (even after it has disappeared) is exactly what zen philosophers mean by "staying in the moment."

I wish Heartstrings members many special, inspiring encounters over the summer to invigorate your quilting! Let's not be scarce, even if we don't have official meetings.

Best,  
Elizabeth 

## From the Co-presidents

It has been another great year for Heartstring Quilters! We had a wonderful workshop day in February, with Elizabeth and Margo leading the hands project. Our new potluck event "Trash to Treasure" was a big success, with many of us cleaning out and others taking things home. Our speakers and programs were fun and informative and Show and Tell was always the best.

None of this would have been possible without the many people who keep us going. Thanks to Susan B. and Gwen for a great job with programs. The transition to the new newsletter and treasury chairs went smoothly. Thank you to Elizabeth and Susan S. for the tremendous jobs they do. Continued thanks to Judy F. for her wonderful minutes, Soryl for Sunshine, Karoline for Membership and Toni and Lida for Hospitality.

Thank you to the Pin Committee for their continued belief and support of this project. This summer we plan on having several pin workshops. We hope that you will be able to attend at least one of them. Thank you all for continuing to make and sell our fabulous Hope pins!

So remember to wear your sun block, finish some UFO's and have a great summer. Like the song says, "See you in September!"

Robin and Suzan

### In This Issue:

- From the Editor
- From the Co-presidents
- Meeting Minutes
- June Meeting
- Announcements
- Around the Guilds
- Calendar of Events
- and more!!!



### Upcoming Meetings:

**Wed. June 13th**  
-- Mickey Lawler  
\*\* note the change of date!

\*\*We will be on summer hiatus until **September 6th**

## Heartstring Quilters

The newsletter of Heartstring Quilters is published monthly. Monthly meetings are held the second Thursday of every month at 7:15 PM when there is a speaker, and 7:30 PM if there is no speaker.

Membership dues are \$25/year  
Guest fee is \$3, or \$5 when there is a speaker.

### Officers & Committees

Presidents:

Suzan Hirsch and  
Robin Levenberg

Co-Secretaries:

Judy Fliegelman and  
Marcy George

Treasurer: Susan Soiferman

Assistant Treasurer: Martha Klein

Hospitality: Lida Pos Klesius

Programs:

Diana Heiney and Patti Britt

Newsletter:

Elizabeth Van Schaick

Membership: Karoline Wallace

Raffle: Terri Ciampitti

Website: Karoline Wallace

Sunshine: Soryl Angel

### Newsletter Submissions

Send items for newsletter, announcements and information from other guilds, etc. by the 22nd of each month to Elizabeth Van Schaick at:  
**skoik@comcast.net**

Please make sure submissions have been proofread and are free of unnecessary formatting.

## Meeting Minutes -- May 2007

A big "thank you" to Suzan Hirsch for welcoming us to her lovely home for the Spring Potluck Dinner. Great food, great desserts and a beautiful setting for our meeting. We appreciate it!

\*Diana Heiney, half of our new PROGRAMS COMMITTEE, asked for any ideas for in house programs. If you have any ideas, contact Diana or Patti Britt, the other half.

\*Our PIN COMMITTEE met and had several ideas, as related previously via e-mail. We talked about new venues for our pins. Don't forget that the sale of these pins underwrites all of our programs and events. We really need to sell, sell, sell! Of course that means we need to make them, make them, make them!

- a. New vendors or partners discussed were Living Beyond Breast Cancer, and Support For Survivors.
- b. We need to have regularly scheduled pin workshops, not during meeting times, where we make as many pins as possible. Saturdays would work well, maybe every other month.
- c. We need a generic card for the pins so that we are not tied to just one Breast Cancer group.
- d. Pin workshops over the summer are needed so that we have a good supply for October, which is Breast Cancer Awareness Month. We will have one in July and one in August. Details to follow.
- e. We could also sell a "ribbon" containing 5 or 6 pins to a store, doctor's office, etc. They would pay for the pins in advance and then sell them. Payment would be split between Heartsting Quilters and the Breast Cancer organization of our choosing.
- f. We could also target two health fairs per year. We need someone to make arrangements with two venues for us to sell pins. We would still work on getting an organization to work with, similar to relationship with Linda Creed.
- g. Our September meeting will focus on brainstorming and planning pin sales and a big Show and Tell event, so gather your stuff and plan on attending the pin workshops over the summer.

### GOOD AND WELFARE

\*Lonni Rossi had some surgery related to her earlier illness and is recuperating nicely.

\*Anita Schechter was in a pretty bad car accident and at the time of the meeting was in Abington Hospital with multiple hip fractures. Her husband asked that we not e-mail as he is not able to use her computer. So send cards and get well wishes to her home.

### SHOW AND TELL

\*Gwen Gatto showed off her new short hair cut. Gwen donated her hair to Locks of Love and she looks gorgeous!

\*Elizabeth Van Schaick brought a tote made with cactus fabric.

\*Jim VanderNoot showed off wonderful miniature postcard quilts, framed in shadow boxes that he had ordered online. He framed several small 4x6 postcards made in a class he took at a January retreat. To order frames online: [www.pfile.com](http://www.pfile.com). Go to "frames" then "shadowboxes." Frames come in

Continued on p. 3.

## ***Marcy George Announces Fall Festival***

I am co-chairing the Unitarian Society of Germantown's Artisans Fall Festival this year. If anyone is interested in participating in this juried show, please send me an email, and I will forward you the information -- [marcygeorge@comcast.net](mailto:marcygeorge@comcast.net) or phone # 610.642.7886.

### **May Meeting Minutes, continued from p. 2.**

a variety of sizes and with a generic mat that can be changed.

\*Toni Cox taught us about "Lutrador," a 100% non-woven polyester fabric that can be painted, sewn and shaped. See Quilting Arts Magazine. Toni showed a small pink and green piece with acetate transfers, hand quilting, painting and a great deal of creativity.

\*Joanne Dooley made a quilt of Lonni Rossi's fabrics with a chopstick motif and also showed the great black and white New York City wall hanging that is now complete.

\*Judy Fliegelman told us about some birthday cards she has made for her grandchildren. She said she would bring some to the next meeting.

\*Susan Soiferman has a new family room and that means she has to make new quilt lap robes or sofa throws for the room. She showed us a great example in shades of teal, rust and soft green. She also made an I SPY quilt for one of her grandsons.

\*Martha Klein carried a great gadget bag made with Yukata cloth she was given. The bag had mesh sides and pockets for sewing supplies.

\*Suzan Hirsch showed us two diaper bags made with the most sophisticated fabric... toile and polka dots in shades of brown/aqua and brown/pink. What a great look and great gift idea.

\*Diana Heiney had good words to say about Hayes Fabric Store on Rt. 202 in Concord Square in Delaware. She also showed us a bag made by a company that uses recycled posters as the body of the bag... colorful and creative.

\*Gwen Gatto has two singer sewing machines... old ones... that she is giving away to anyone who can use them. Contact her if you are interested.

Meeting adjourned for dessert.

Respectfully Submitted,

Judy Fliegelman

## **June Meeting: Sky Dyes!**

Our June meeting will be on  
**WEDNESDAY, JUNE 13th**  
at Lankenau, with Mickey Lawler of Skydyes as our guest speaker. Mickey has created a business out of hand painting great yardages of fabrics in almost every single color, resulting in freeform cloud, sky and sunset type scenes. She has been featured on Simply Quilts and can be found selling her fabric at many quilt events.

[www.skydyes.com](http://www.skydyes.com)

## **Refreshments**

### **June**

Beverage/Snack -- Mary Marvin

Savory -- Joanne Nolt

Dessert/sweet -- Lida Pos Klesius

### **September**

Beverage/Snack -- Lonni Rossi

Savory -- Elyse Schatz

Dessert/sweet -- Anita Schecter

If your name appears in the newsletter for next month's refreshments and you will not be able to provide them, please contact another member to take your place. The refreshments responsibility is rotated in alphabetical order. If you do need to switch with another member, please notify the hospitality chairperson, Lida Pos Klesius at [aklesius1@comcast.net](mailto:aklesius1@comcast.net)

## Around the Guilds

### Love Apple Quilters

<http://www.loveapplequilters.com>

**June 2007:** Charity and Boutique Night -- Come join your fellow members in finishing projects for each of these worthy areas. Bring your favorite sewing supplies and be ready to put on that binding or finish a kit for a boutique item.

### Undercover Quilters

<http://www.undercoverquilters.com>

**June:** Mickey Lawler (in conjunction with Heartstrings.)

### Valley Forge Homestead Quilters

<http://www.valleyforgequilters.org>

**June:** Picnic and Elections plus a demo on Quiltgami Pinwheel Wallhanging.

### *A Note on Clicking for Cures*

Every day, I start my morning off with my cup of coffee in front of the computer, reading my mail. Amongst the "important" mail that I receive, I get three reminders each morning. They are simple paste, copy and clicks on the sites -- taking seconds from my routine. Lately, I have been scrolling down to the bottom of the page and seeing the evidence of the masses clicking on these sites. I am amazed at what the power of clicking can do and it won't cost you a penny to be charitable!

These sites have corporate sponsors who donate to the cause for the total number of clicks a site receives in a day. Look at the charitable partners that clicking supports. They are names we are all familiar with:

On May 4, 149,079 bowls of staple food were donated through [www.thehungersite.com](http://www.thehungersite.com), 133,270 bowls of food were given to animals in shelters and sanctuaries through [www.theanimalrescuesite.com](http://www.theanimalrescuesite.com) and 12.6 underprivileged women received free mammograms through [www.thebreastcancersite.com](http://www.thebreastcancersite.com). All by just clicking.

These sites will give you daily reminders to click on them. I have been doing this for months now, and my spam has not increased by doing so. I am asking all of you to visit these sites, sign up for the daily reminders to click. It's such an easy thing to do, yet it has such widespread benefits to so many.

Robin Levenberg

## Programming Notes

Our September Meeting is moving one week early to **September 6, 2007** to accommodate Rosh Hashanah. We are going to have a "Pin Meeting" (not a workshop, so no sewing machines are required) and Show & Tell of Summer Work (or anything else for that matter). The Pin Committee encourages members to bring some good ideas to the meeting for venues or organizations that might be good for selling the pins. If anyone can help find suitable venues, host a workshop or help develop a relationship with a charity organization, please let Deb Schwartzman or Robin or Suzan know. Otherwise, continue to make and/or sell pins individually. Always wear a pin whenever you go out -- you never know who will see it!

The October Meeting will be a day early on Wednesday October 10, 2007, when we will host Judith Larzelere. Her website is [www.judithlarzelere.com](http://www.judithlarzelere.com).

We are developing plans for other possible meeting activities and for the annual Superbowl weekend workshop for next season. Contact Diana Heiney for information.

## *Calendar of Events*

(See Quilting Arts Magazine for advertisements for many more workshops and events)

### **MARCH 29 - SEPTEMBER 16, 2007**

**“A Quilt Sampler”** at the Chester County Historical Society located at 225 N. High St. in West Chester. For more information visit their website: [www.chestercohistorical.org](http://www.chestercohistorical.org).

### **FEBRUARY 16 -- JUNE 3, 2007.**

**Wild By Design: 200 Years of Innovation and Artistry in American Quilts** at the James A. Michener Art Museum in New Hope, PA on This lively exhibit, which was organized by the International Quilt Study Center at the University of Nebraska-Lincoln, presents quilts from the early 1800s to the present day that explore innovations in color, abstraction, figuration, and other models of expression. The selection of works in the exhibition affirm that American quilt artists' greatest aesthetic legacy is that their work is in every sense of the term, Wild by Design. For more information: call 215-340-9800, Ext 140 or email [dambrose@michenerartmuseum.org](mailto:dambrose@michenerartmuseum.org).

### **MARCH 10 -- SEPTEMBER 16, 2007**

**Quilts in a Material World: Selections from the Winterthur Collection** at the Winterthur Museum and Country Estate, Route 52, Kennett Pike, Winterthur, Delaware, 19753. Discover Winterthur's outstanding collection of quilts – some considered to be icons in the field. Ranging in dates from the 17th to the 19th century, more than 40 quilts will be on view – many for the first time.

### **MAY 13 - JUNE 29, 2007**

Internationally renowned quilt maker **Jane Blair** (formerly of Conshohocken, currently of Wyomissing, PA) will have a one-woman show of her quilts at The GoggleWorks in Reading, PA. Jane has won numerous awards in national and international shows, placing first or second in the master division more than a dozen times. She also won best of show at American Quilters Society. A quilt by Jane was chosen by international jury and judges as one of the best one hundred quilts of the 20th century. The GoggleWorks Center for the Arts is at 201 Washington St., Reading, PA 19601, and is open Mon. – Sat. 9 am – 9 pm and Sunday 11 am – 7 pm. You can view Jane's quilts on her website [www.janeblairquilts.com](http://www.janeblairquilts.com).

### **JUNE 28 - July 1, 2007**

**Vermont Quilt Festival** in Essex Junction, Vermont. This is New England's largest quilt event and features hundreds of dazzling quilts on display, classes, lectures, appraisals, a merchant's mall, and much more. For information: [www.vqf.org](http://www.vqf.org) or 603 444-7500.

### **JULY 26-29, 2007**

**Quilt Odyssey 2007**, Hershey Lodge and Convention Center, Hershey, Pennsylvania. QO 2007, 15004 Burnt Mill Rd., Shippensburg, PA 17257; phone/fax 717-423-5148  
[quiltodyssey@supernet.com](mailto:quiltodyssey@supernet.com); [quiltodyssey.com](http://quiltodyssey.com)

### **OCTOBER 12 & 13, 2007**

**How Sweet It Is Quilt Show** presented by Keystone Quilters, Inc., at Quakertown Christian School (new location!), 50 E. Paletown Road, Quakertown, PA. Friday 10 am -- 6 pm, Saturday 10am -- 5pm. Contact [topothehillfarm@hotmail.com](mailto:topothehillfarm@hotmail.com) or [www.keystonequilters.org](http://www.keystonequilters.org)

### **SEPTEMBER 6 - 9, 2007**

**Pennsylvania National Quilt Extravaganza XIV** Pennsylvania Farm Show Complex, Harrisburg, PA [www.quiltfest.com/activities.asp?id=4](http://www.quiltfest.com/activities.asp?id=4)

## *The Quilt Show with Alex and Ricky*

A new internet-based program for quilters launched April 2 with hosts Alex Anderson and Ricky Tims. Presented by Bernina, "The Quilt Show with Alex and Ricky" will consist of thirteen online episodes plus chat rooms, weblogs, world-wide quilt forums and more. For example, one episode features information from Quilter's Newsletter Magazine and Quiltmaker Magazine, lessons from Vikki Pignatelli, and a musical performance by Ricky Tims that includes piano, flute and voice. The website includes links to many other quilt-related sites, products and organizations. The show promises education, ideas, entertainment and inspiration.

Check it out at [thequiltshow.com](http://thequiltshow.com).

## 2007 Quest for a Cure Block Challenge

Each year, Northcott Silk, Inc. contributes a portion of the proceeds from its Quest for a Cure fabric collections to breast cancer research and support programs. You can participate in this Quest for a Cure Block Challenge. It's as easy as making a twelve-inch pieced or appliquéd block using Northcott's Heaven On Earth collection, available at participating quilt shops along with full contest details and entry forms. All the fabrics in this collection can be viewed by visiting [www.northcott.net](http://www.northcott.net) and entry forms can also be printed out from this site.



## **Findings in the Magazine Rack**

Two magazines that Heartstring members may not have seen before may be of interest. *Quiltmania* is a publication out of France, offered in an English version by Stonehouse Publications of Ontario, Canada. (This publisher offers a number of art, paper crafts and sewing magazines, including several focusing on Australia.) *Quiltmania* is now on Volume 58, now publishing six issues a year. The current issue features, for example, an artist profile, an exhibition article, quite a few step-by-step projects, new product/tool announcements, pictures submitted by readers and an international events diary. The advertisements present many interesting fabric sources and quilt events, although many are in French. ([www.quiltmania.com](http://www.quiltmania.com))

*Wild Fibers* magazine is published at, of all places, Grumble Goat Farm, in Rockland, Maine. This is the magazine for those of our members who are interested in knitting and yarn sources, information on natural fibers from various animals, or the yarn and textile industry in various countries. It is published quarterly. The current issue (Spring 2007) features several articles on the country of Bhutan (south of China and east of Nepal). The articles touch on Bhutan's history of weaving and dyeing, yak farming and shearing, and the country's effort to compete in the global economy. Other pieces discuss raising Shetland sheep in Montana, and cashmere goats in Tuscany, Italy. There is a project pattern, a book review section and a national listing of farms. The advertisements refer to sources that will be a treasure trove to anyone looking for specialty yarns. ([www.wildfibersmagazine.com](http://www.wildfibersmagazine.com))

Both magazines can be found at Border's Books.



# TRICKS TO TRIGGER AND TAP YOUR TREMENDOUS CREATIVITY

**\*Change your perspective.** Go way up in the balloon at the Philadelphia Zoo, or take the lift to William Penn's view atop City Hall. Get a new vantage point on the area. Or...throw some colorful floating objects in a pool, and dive down to look up at them from below. Notice the colors and shapes, the effect of the moving water and the sunlight. If you can't do this, place and overlap transparent colored objects on a glass table and look at them from underneath.

**\*Draw your heart.** Close your eyes and imagine your heart, sitting as it does in the center of you. Brainstorm anything that you associate with your heart. Don't edit yourself. Visualize everything your heart holds, and what it would look like today. Draw your heart. (From *Spirit Taking Form* by Nancy Azara.)

**\*Eat, eat me I'm a danish.** Think of your very favorite food. List five specific words that best describe it – the qualities that make it your favorite. Think of how you could try to make your next quilt or project all of these things. (Inspired by Weird Al Yankovic)

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**\*Don't be you.** Pretend you are someone else, of a different age, living in another country, perhaps even in a different time period. Be as zany in your choice as you can. Or think of a fictional character you remember well. Make the piece -- or at least a sample block-- as if you ARE that person. What colors or embellishments would that person use? How would that character put their voice into the project? What is that person's best quality? After really seeing this experiment through, as a contrast, you might be able to define your own personal choices more easily.

**\*Develop a Habit.** Set aside a time to do a little free sewing, sketching, painting, or writing related to your craft every day. Those who have researched creativity or lived out their own creativity say that it is far from a magic, elusive phenomenon – it is a product of personality, habits and work. Make a routine out of quilting on a sample, or drawing an object you see in one unbroken line, or taking pictures of interesting shapes or patterns you see. Taking those few minutes every day – or as often as you can – will perk up inventiveness and productivity. (From *The Creative Habit: Get It and Use it For Life* by Twyla Tharpe, and *The Artist's Way* by Julia Cameron and *Creating Sketchbooks For Embroiderers and Textile Artists* by Kay Greenlees.)

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**\*Mix a creativity cocktail.** You can use a very small bottle (trial size), or just create on smooth cardboard. Fill the jar with tiny objects, words, beads, etc. that symbolize what you think you need to be creative. Top the bottle with a cork, and add a ribbon that could be tied around your neck or wrist. Shake vigorously when necessary to blend your creative juices and to ward off creative demons. Shake to your own beat, like a maraca. Or draw a cocktail shaker on your piece of cardboard and glue images and objects right onto it. Cut out the shaker and mount to a piece of strong but flexible wire. Secure the wire into a heavy wood or stone base so that it sticks up vertically. Pull on the shaker and let go and watch it mix things up.

**\*Stir up creative compost.** You will need a small clay pot, some soil and/or compost, small scraps of newspaper and a seed or two. On the pieces of newspaper, write past hurts, lost loves and perceived wrong choices, or just the experiences or materials you want to regenerate into your next project. Write "CREATIVITY" or a similar label on the pot, fill with soil, newspaper shreds and the seeds. Water and watch creativity grow from your own compost. (From *House of Belief* by Kelee Katillac)

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**\*Watch the intersection.** Take any two simple shapes you like, even ones you draw freehand. Trace one, then the other on top of the first, with random placement. Use transparency sheets to be able to try various combinations. Look at the shape of the area where the two original shapes intersect. Use that shape, repeat it, play with it, resize it, etc. Do you see it as the negative or the positive space?